

## ORDERING

### Step 1

Complete a brown paper bag with your child's name, class and lunch order. Include any special requests or instructions. Some lunch bags are available in each classroom for your convenience.

### Step 2

Place the correct money inside the bag. Any change will be taped to the outside of the bag.

### Step 3

Place orders in the Lunch Order boxes in your child's classroom.

### Collection

Lunch orders will be collected from the canteen by a couple of chosen students from each class.

### FRIDAY PARENT CAFÉ...

Every Friday morning from 8.45am our canteen opens as a café serving coffee, tea, a selection of cold drinks and some biscuits. Enjoy a delicious Nespresso Coffee for \$2.00. ALL WELCOME.

**Our School Canteen is run completely by volunteers. Please call or pop in to the front office if you would like to volunteer your time in the canteen, all offers greatly appreciated.**

### North Ingle School Canteen

Promotes—



7 Rothwell Avenue  
INGLE FARM SA 5096

Phone: 8264 7498  
Fax: 8264 2777  
E-mail: dl.1183.info@schools.sa.edu.au

## NORTH INGLE SCHOOL

### CANTEEN MENU

2018

### Canteen Opening Times

Monday, Tuesday & Wednesday-CLOSED

Thursday-Recess only

Friday-Recess and Lunch



All prices current as at 29th January, 2018

## SNACKS

(AVAILABLE THURSDAY AND FRIDAY\*)

### GREEN OPTIONS

Corn Thins (GF)	10c
Popcorn Cup (GF)	50c
Pikelets *	40c
1/2 Boiled Egg (GF)	25c
Cheese Cube	10c
Apple Slinky (GF)	40c
Carrot / Cucumber Sticks	5c
Pineapple UFO	40c
Frozen Yoghurt Pops	50c

### AMBER OPTIONS

Pizza Slice	50c
Milo Banana Sticks	30c
Cracker Biscuits	10c
Frozen Milo Cubes	20c
Frozen Berri Juice Pops	50c
Pita Chips	10c
Vege Chips (GF)	\$1.20
Pretzels	\$1.20
Cheese Stringer	70c
Gelato (Choc or Vanilla) (GF)	\$2.50

### DRINKS

Chocolate Big M	\$1.80
Strawberry Big M	\$1.80
Juice Box ( Tropical, Apple and Blackcurrant, Apple and Orange )	\$1.00

## LUNCH ORDERS

(FRIDAY ONLY)

### SANDWICHES AND WRAPS\*\*

Any 2 fillings of your choice	\$3.50
Extra toppings	40c each



AM-

(GREEN/  
BER)

Fillings available—Chicken , Tuna, Lettuce,  
Tomato, Cucumber, Carrot, Pineapple, Pickled  
Onion, Beetroot, Strawberry Jam and  
Vegemite.

Toast your Sandwich or Wrap for an  
additional 20c

### ALL SAUCES 40C EACH

Tomato, BBQ, Soy, Mayonnaise

**Salad Pack** - Crumbed Chicken Fillet, Egg,  
Cheese, Lettuce, Tomato, Carrot and Cucumber  
AMBER \$4.00

**Side Salad (GF)** GREEN 60c



\* Not available all days

\*\* Every effort is made to reduce the number of additives in the food we offer. However, some products can contain some additives which may contribute towards behavioral and learning problems and health issues such as headaches and asthma in some people

GF = Gluten Free

## LUNCH ORDERS

(FRIDAY ONLY)

### HOT FOOD



**Homemade Sausage Rolls** AMBER \$2.00

**Butter Chicken and Rice (GF)** GREEN \$4.00

**NEW Tuna Mornay and Pasta** GREEN \$4.00

**Baked Potato with Bolognaise  
and Cheese (GF)** GREEN \$4.00

**Vegetarian Dim Sims** AMBER \$1.50 each

**BBQ Chicken Pizza** (Pita Bread\*, BBQ Sauce,  
Chicken, Cheese and Pineapple) GREEN \$4.00

**Chicken Nuggets** (5 Nuggets served  
with Garden Salad or Peas and corn) AMBER \$4.00

**The Big Ingle Chicken Burger**  
(Crumbed Chicken Fillet, Lettuce, Tomato  
and Mayonnaise on a Whole meal Roll) AMBER \$4.50

**Sushi** - Nori wrapped rice with filling choices of  
- Chicken, Avocado\* and Mayonnaise AMBER \$3.50

- Cucumber and Carrot GREEN \$3.00

- Cucumber and Avocado GREEN \$3.00

Soy sauce packet .20c

**Corn on the Cob (GF)** GREEN .40c

\* Subject to availability