

## ORDERING

### Step 1

Complete a brown paper bag with your child's name, class and lunch order. Include any special requests or Instructions. Some lunch bags are available in each classroom for your convenience.

### Step 2

Place the correct money inside the bag. Any change will be taped to the outside of the bag.

### Step 3

Place orders in the Lunch Order boxes in your child's classroom.

### Collection

Lunch orders will be collected from the canteen by a couple of chosen students from each class.

### FRIDAY PARENT CAFÉ...

Every Friday morning from 8.45am to 9:30am our canteen opens as a café serving coffee, tea, a selection of cold drinks and some biscuits.

Enjoy a delicious Nespresso Coffee for \$2.00.

ALL WELCOME.

**Our School Canteen is run completely by volunteers. Please call or pop in to the front office if you would like to volunteer your time in the canteen, all offers greatly appreciated.**

### North Ingle School Canteen

Promotes—



7 Rothwell Avenue  
INGLE FARM SA 5096

Phone: 8264 7498

Fax: 8264 2777

E-mail: dl.1183.info@schools.sa.edu.au

## NORTH INGLE SCHOOL

### CANTEEN MENU

2020

#### Canteen Opening Times

Monday, Tuesday & Wednesday-CLOSED

Thursday-Recess only

Friday-Recess and Lunch

Friday Parent Café 8.45am to 9.30am



All prices current as of 30th January 2020

## SNACKS (AVAILABLE THURSDAY AND FRIDAY\*)

### GREEN OPTIONS

Corn Thins (GF)	10c
Popcorn Cup (GF)	50c
Pikelets *	40c
1/2 Boiled Egg (GF)	25c
Cheese Cube	10c
Apple Slinky (GF) on request	40c
Carrot / Cucumber Sticks (V)	5c
Pineapple UFO (V)	40c
Frozen Yoghurt Pops	50c

### AMBER OPTIONS

Pizza Slice	50c
Milo Banana Sticks	30c
Cracker Biscuits	10c
Frozen Juice Pops	50c
Pita Chips	10c
Vege Chips (GF)	\$1.20
Pretzels	\$1.20
Cheese Stringer	70c
Gelato (Choc or Vanilla) (GF)	\$2.50

### DRINKS

Chocolate Devondale Moo	\$1.50
Strawberry Devondale Moo	\$1.50
Juice Box ( Tropical, Apple, Orange, Apple and Blackcurrant)	\$1.00
Water	\$1.00



## LUNCH ORDERS (FRIDAY ONLY)

### SANDWICHES AND WRAPS\*\* (GREEN/AMBER)

Vegemite Sandwich	\$1.50
Toasted Cheese Sandwich	\$2.00
Cheese & Vegemite Sandwich	\$2.00
Cheese & Tomato Sandwich	\$2.50
Tuna sandwich/wrap with lettuce, carrot, cheese	\$3.50
Chicken Schnitzel Sandwich/wrap with lettuce, cheese, tomato, carrot	\$4.50
Roast Chicken sandwich/wrap with lettuce, cheese, tomato, carrot	\$4.50
Make your own any choice of 4 fillings	\$4.50

Fillings available - Chicken, Tuna, Lettuce, Tomato, Cucumber, Pineapple, Beetroot, Pickled Onion, carrot and Vegemite.

Add mayonnaise or sauce to any sandwich or wrap no additional charge

### FRIDAY LUNCH SPECIALS

2 Sausage Rolls and Fruit Box	\$4.50
2 Sausage Rolls and Devondale Moo	\$5.00
Big Ingle Burger and Devondale Moo	\$5.50
*Extra toppings 40c p/topping*	
Chicken Nuggets with Devondale Moo	\$5.00
Roast Chicken sandwich/wrap ( with lettuce, cheese, tomato, carrot ) and Devondale Moo	\$5.50

\* Not available all days

\*\* Every effort is made to reduce the number of additives in the food we offer. However, some products can contain some additives which may contribute towards behavioral and learning problems and health issues such as headaches and asthma in some people.

GF = Gluten Free HL = Halal Approved V = Vegetarian



## LUNCH ORDERS (FRIDAY ONLY)



### HOT FOOD

Homemade Sausage Rolls AMBER	\$2.00
Tuna Mornay and Pasta GREEN	\$4.00
Baked Potato with Bolognese and Cheese (GF) GREEN	\$4.00
Vegetarian Dim Sim (V) AMBER	\$1.50 each
BBQ Chicken Pizza (Pita Bread, BBQ Sauce, Chicken, Cheese and Pineapple) GREEN	\$4.00
Chicken Nuggets (HL) (5 Nuggets served with Garden Salad or Peas and corn) AMBER	\$4.00
The Big Ingle Chicken Burger (HL) AMBER	\$4.50
(Crumbed Chicken Fillet, Lettuce, Tomato and Mayonnaise on a Whole meal Roll)	
Spaghetti Bolognese GREEN	\$4.00
Sushi - Nori wrapped rice with filling choices of	
- Chicken or Tuna and Mayonnaise AMBER	\$3.50
- Cucumber and Carrot GREEN	\$3.00
- Cucumber GREEN	\$3.00
Corn on the Cob (GF) (V) GREEN	40c
Pizza Slices (MAX 3 SLICES) AMBER	50c each
Side Salad (GF) (V) GREEN	60c
( Tomato, Lettuce, Carrot Cucumber)	
Salad Pack - Chicken Schnitzel Fillet, Egg, Cheese, Lettuce, Carrot, Tomato, Cucumber and Lettuce AMBER	\$4.00
Sauces - Tomato, BBQ, Mayonnaise, Soy	40c each