

Snacks

GREEN OPTIONS

Corn Thins (GF) 10c
Popcorn Cup (GF) 50c
Pikelets 20c, 40c*
Pizza Slices 50c*
 $\frac{1}{2}$ Boiled Egg (GF) 25c
Frozen Yoghurt Pops 50c
Cheese Cube 10c
Apple Slinky (GF) 40c
Yoghurt \$1.00
Milk 30c
Carrot/Cucumber Sticks 5c
Pineapple UFO 40c

AMBER OPTIONS

Milo Banana Sticks 30c
Cracker biscuits 10c
Frozen Milo Pops 50c
Frozen Berri Cups (GF) 70c
Pita Chips 10c
Popped Chips (GF) \$1.20
Cheese Stringer (GF) 70c
Vege Chips (GF) \$1.00
Pretzels \$1.00
Pizza Slices 50c*
Gelato (Choc or Vanilla) (GF) \$2.20

Please ensure that you use a named lunch bag for your child's order.

Lunch bags are now FREE and located in each classroom and the front office for your convenience.

*Not available all days

**Every effort is made to reduce the number of additives in the food we offer. However, some products can contain some additives which may contribute towards behavioural and learning problems and health issues such as headaches and asthma in some people.

GF = Gluten Free

Our school canteen is run by volunteers. Please feel free to pop in at any time, with ideas or suggestions for your child's canteen. Alternatively, join us for a casual cuppa and chat on Friday mornings at our **FABULOUS FRIDAY** starting at 8:45am at the undercover area near the canteen!! (\$2 for a delicious Nespresso Coffee) **ALL WELCOME**

North Ingle School



Canteen Opening Hours

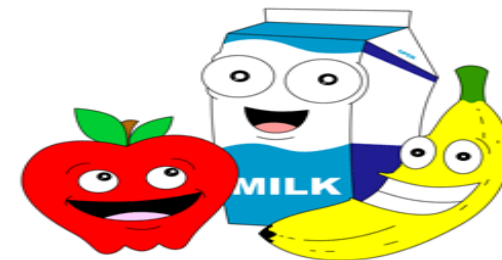
Monday - CLOSED

Tuesday - CLOSED

Wednesday - CLOSED

Thursday - Recess Only

Friday - Recess and Lunch



Prices correct as of Jan 2016

Lunch Order Menu

SANDWICHES AND WRAPS **

Any 2 fillings of your choice for \$3.50 (Extra toppings charged at 40c each) **GREEN / AMBER**

*Chicken, Ham**, Egg, Tuna, Cheese, Tomato, Cucumber, Carrot, Pineapple, Gherkin, Lettuce, Pickled Onion, Beetroot, Coleslaw, Peanut Butter, Strawberry Jam*

ALL SAUCES 40c each

Tomato Sauce, BBQ Sauce, Mayonnaise

Toast your Sandwich or Wrap for an additional 20c

Salad Pack (Crumbed Chicken Fillet, Egg, Cheese, Lettuce, Tomato, Carrot, Cucumber) **AMBER** _____ \$4.00

Side Salad (GF) **GREEN** _____ 60c

WINTER WARMER MEAL DEAL!



Butter Chicken and Rice

AND a Juice Box AND a Packet of Vege Chips!!!!

*Awesome Winter Value for only **\$5.50!!!***

HOT FOOD

Homemade Sausage Rolls **AMBER** _____ \$1.50 each

Butter Chicken and Rice (GF) **GREEN** _____ \$4.00

Baked Potato with Bolognaise and Cheese (GF) **GREEN** _____ \$4.00

"Build your own" Baked Potato (choose any 3 toppings from the sandwich fillings) (GF) **GREEN** _____ \$4.00

Vegetarian Dim Sims **AMBER** _____ \$1.50 each

Italian Sausage with Pasta **GREEN** _____ \$4.00

BBQ Chicken Pizza (Pita bread*, BBQ sauce, Chicken, Cheese and Pineapple) **GREEN** _____ \$4.00

Chicken Nuggets (5 Nuggets served with Garden salad OR Veg) **AMBER** _____ \$4.00

The Big Ingle Chicken Burger (Crumbed Chicken Fillet, Lettuce, Tomato and Mayo on a Roll) **AMBER** _____ \$4.50

Corn on the Cob (GF) **GREEN** _____ 40c each

Drinks

Chocolate Big M \$1.80

Up and Go (Chocolate OR Strawberry) \$1.60

Juice Box (Tropical, Apple and Blackcurrant, Apple OR Orange) \$1.00

