

## Weekly Activities



Indoor/outdoor times are scheduled, but are **flexible** due to weather conditions and other circumstances. Over the sessions short group times and activities such as music and movement are programmed. On Tuesday and Thursday after eating lunch the children have quiet reading time followed by **relaxation time**.

Each **Tuesday** after lunch the preschool joins the Reception/1 class for a combined play session. The children are divided into two groups and access the preschool yard, preschool room, JP play area and library/computers in rotation. The group formation and play areas change each week to ensure children mix with a variety of children, teachers and areas. This is a vital part of the transition to school programme.

Each **Thursday** we will visit the school library to borrow a book for the week. Please ensure your child has a library bag and that they return their book by Thursday.

**Assembly** - The Preschool children participate in fortnightly school assemblies where we will share songs and creative work pieces with the rest of the school community. Parents are invited to attend.

## Programming and Reporting

The preschool operates under the **Early Years Learning Framework (EYLF)** - the principles of **Belonging Being Becoming** which incorporate the learning outcomes of **identity, connectedness, Wellbeing, confidence and involvement and communication**. We endeavour to use the practices and principles of **Respect Reflect Relate** to continually improve our practice.

Weekly programmes and timetables are displayed in the preschool for families to see at any time.



During the year staff will collect work samples and photographs which will document your child's progress and learning. These will be kept in Learning Portfolios and are available for you to view and take home each term and on request.

Children's phonological awareness (knowledge of sounds in words) will be monitored and encouraged along with book readiness and numeracy development.

The children have an individual learning goal which is reviewed and modified each term.

During the year the staff will let you know about the formal and informal opportunities to share information about your children and their development.

## North Ingle Preschool

Welcome to North Ingle Preschool. The Preschool Team will be working together to ensure you and your child have a happy and productive time at our Preschool. We acknowledge that we are working in a partnership and so need to ensure that we keep communication open and respectful so that all important information is passed on promptly and regularly.

### Preschool Times

<b>Tuesday</b>	8:45– 2:45
<b>Wednesday</b>	8:45-11:45
<b>Thursday</b>	8:45– 2:45



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## Safety and Clothing

As recommended by the Cancer Council SA we are implementing sun protection all throughout the year.

Children will need to wear tops or dresses with sleeves that protect their shoulders, upper arms and necks. A broad-brimmed or legionnaires hat (caps are not acceptable) will need to be kept at preschool in their cubbies. We will also be providing sunscreen for application on sunny days. Please advise staff if your child requires a certain brand/type of sunscreen.

Footwear that children can easily remove and put on is encouraged as it promotes their growing sense of confidence and independence. It is important that shoes and sandals allow children to access outdoor equipment and activities safely. This means crocs, thongs and footwear with heels are not appropriate.

Nature play and mud play provides children with the sensory experiences that assists them in learning and developing. As this play can often be messy we recommend that parents pack a spare change of clothing.



## Food

Healthy eating is a focus at our Preschool and packaged and processed food is discouraged.

The children will need:

**Tuesday and Thursday** (long days)

**Healthy snack time**-fresh or dried fruit, salad or vegetable snack.

**Rolling snack time** - a healthy snack e.g. cheese and crackers, veggie sticks and dip (chips cookies cakes etc. are not permitted)

**Lunch**- a healthy sandwich, roll, wrap or similar

**Wednesday** (short day)- a fruit snack and some **healthy snacks**

We ask that an **EXTRA** sandwich is packed on the long days as busy children often get extra hungry on these days.

Please let us know of any food allergies or intolerances so that we can put in processes to cater for these.

Children will need a named drink bottle filled with **water** each day. A Pura tap is available for refilling. Juices, cordials and soft drinks are not acceptable.



## Routines and Expectations

The preschool doors will be opened at **8:45am (this coincides with the school's 2nd bell)** we respectfully ask that you do not use the internal door to the school.

On entering the children can practice writing their name on the **'sign in'** sheet. Then they will need to move their name tag to the **"I am here today"** side of the pinup board, put their **water bottles** in the drink box and put their **lunchboxes** in their cubbies.

This is the time for caregivers to inform staff of any **changes** to drop off and pick up routines or share any important information.

Children are expected to develop and practise behaviours that promote the safety, good order and learning opportunities for all in the preschool. They are encouraged to listen and follow instructions and routines, look after, share and pack up equipment, walk safely inside, be kind and courteous, attempt new or challenging activities, and communicate their wants, needs and ideas to staff and their peers.

