

## Weekly Activities

Indoor/outdoor times are scheduled, but are **flexible** due to weather conditions and other circumstances. Over the sessions short group times and activities such as music and movement are programmed. Children are given the opportunity to be involved in mindfulness activities where they are able to engage in relaxation and various other mindfulness activities

Each **Wednesday** we will visit the school library to borrow a book for the week. Please ensure your child has a library bag and that they return their book by Wednesday.



Children are given the opportunity to be involved in sustainability practices where they are caring for and maintaining our vegetable garden. Children are also encouraged to Reduce, Reuse and Recycle their waste.



Children are encouraged to invite their families and share and celebrate their cultures through various activities

**Assembly** - The Preschool children attend fortnightly school assemblies. Parents are invited to attend.

## Programming and Reporting

The preschool operates under the **Early Years Learning Framework (EYLF)** - the principles of **Belonging Being Becoming** which incorporate the learning outcomes of **identity, connectedness, wellbeing, confidence and involvement and communication.**

*The preschool also incorporates the Keeping Safe Child Protection Curriculum to support children in self-regulating and expressing their feelings and emotions*

Weekly programmes and timetables are displayed in the preschool for families to see at any time.

During the year staff will collect work samples and photographs which will document your child's progress and learning. These will be kept in Learning Portfolios and are available for you to view and take home each term and on request.

Children develop and learn to be successful learners at their own rate through play based learning activities. Children participate in a wide variety of literacy and numeracy experiences which help them to develop comprehension and inquiry through stories, rhymes, games and musical activities.

During the year the staff will let you know about the formal and informal opportunities to share information about your children and their development.



## North Ingle Preschool

Principal: Dina Zunis

7 Rothwell Avenue

Ingle Farm 5098

Phone: 8264 7498

Email: [dl.1183.info@school.sa.edu.au](mailto:dl.1183.info@school.sa.edu.au)

Website: [www.northingle.sa.edu.au](http://www.northingle.sa.edu.au)



### Preschool Times

**Tuesday** 8:45– 2:45

**Wednesday** 8:45-11:45

**Thursday** 8:45– 2:45



Welcome to North Ingle Preschool. The Preschool Team will be working together to ensure you and your child have a happy and productive time at our Preschool. We acknowledge that we are working in a partnership and so need to ensure that we keep communication open and respectful so that all important information is passed on promptly and regularly.

## Safety and Clothing

As recommended by the Cancer Council SA we are implementing sun protection all throughout the year.

Children will need to wear tops or dresses with sleeves that protect their shoulders, upper arms and necks. A broad-brimmed or legionnaires hat (caps are not acceptable) will need to be kept at preschool in their cubbies. We will also be providing sunscreen for application on sunny days. Please advise staff if your child requires a certain brand/type of sunscreen.



Footwear that children can easily remove and put on is encouraged as it promotes their growing sense of confidence and independence. It is important that shoes and sandals allow children to access outdoor equipment and activities safely. This means crocs, thongs and footwear with heels are not appropriate.



Nature play and mud play provides children with the sensory experiences that assists them in learning and developing. As this play can often be messy we recommend that parents pack a spare change of clothing.

## Food

Healthy eating is a focus at our Preschool and packaged and processed food is discouraged.

The children will need:

**Tuesday and Thursday** (long days)

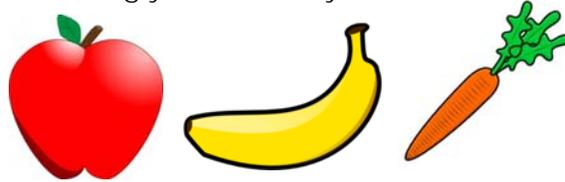
**Healthy snack time**-fresh or dried fruit, salad or vegetable snack.

**Rolling snack time** - a healthy snack e.g. cheese and crackers, veggie sticks and dip (**chips cookies cakes etc. are not permitted**)

**Lunch**- a healthy sandwich, roll, wrap or similar

**Wednesday** (short day)- a fruit snack and some **healthy snacks**

We ask that an **EXTRA** sandwich is packed on the long days as busy children often get extra hungry on these days.



Please let us know of any food allergies or intolerances so that we can put in processes to cater for these.

Children will need a named drink bottle filled with **water** each day. A Pura tap is available for refilling. Juices, cordials and soft drinks are not acceptable.



## Routines and Expectations

The preschool doors will be opened at **8:45am (this coincides with the school's 2nd bell)** we respectfully ask that you do not use the internal door to the school.

On entering the children can practice writing their name on the '**sign in**' sheet. Then they will need to move their name tag to the "**I am here today**" side of the pinup board, put their **water bottles** in the drink box and put their **lunchboxes** in their cubbies.

This is the time for caregivers to inform staff of any **changes** to drop off and pick up routines or share any important information.

Children are encouraged to listen and follow instructions and routines, look after, share and pack up equipment, walk safely inside, be kind and courteous, attempt new or challenging activities, and communicate their wants, needs and ideas to staff and their peers.

