

ORDERING

Step 1

Complete a brown paper bag with your child's name, class and lunch order. Include any special requests or Instructions. Some lunch bags are available in each classroom for your convenience.

Step 2

Place the correct money inside the bag. Any change will be taped to the outside of the bag.

Step 3

Place orders in the Lunch Order boxes in your child's classroom.

Collection

Lunch orders will be collected from the canteen by a couple of chosen students from each class.

Our School Canteen is run completely by volunteers. Please call or pop in to the front office if you would like to volunteer your time in the canteen, all offers greatly appreciated.

North Ingle School Canteen

Promotes:



7 Rothwell Avenue
INGLE FARM SA 5096

Phone: 8264 7498
Fax: 8264 2777
E-mail: dl.1183.info@schools.sa.edu.au

NORTH INGLE SCHOOL

CANTEEN MENU

Term 4 2024

Canteen Opening Times

Monday, Tuesday & Wednesday-CLOSED

Thursday-Recess and Lunch

Friday-Recess and Lunch



All prices current as of 21st October 2024

SNACKS

(AVAILABLE THURSDAY & FRIDAY)

GREEN OPTIONS

Corn Thins (GF)	10c
Popcorn Bag (GF)	50c
Pikelets *	50c
1/2 Boiled Egg (GF)	50c
Cheese Cube	10c
Apple Slinky (GF) on request	\$1.00
Carrot / Cucumber Sticks (V)	10c
Pineapple UFO (V)	50c
Frozen Yoghurt Pops	\$1.00

AMBER OPTIONS

Pizza Slice	90c
Milo Banana Sticks	60c
Cracker Biscuits	10c
Frozen Juice Pops	50c
Vege or Rice Chips (GF)	\$2.00
Pretzels	\$1.60
Cheese Stringer	\$1.00
Choc Gelato (GF)	\$3.00
Vanilla ice cream (fat free) (GF) (HL)	\$2.20

DRINKS

Chocolate Milk	\$2.00
Strawberry Milk	\$2.00
Juice Box (Tropical, Apple , Orange , Apple and Blackcurrant)	\$1.50
Water 600ml	\$1.50
Water 250ml	\$1.00



LUNCH ORDERS

(AVAILABLE THURSDAY & FRIDAY)



SANDWICHES AND WRAPS** (GREEN/AMBER)

Vegemite Sandwich	\$2.50
Toasted Cheese Sandwich	\$3.00
Chicken Schnitzel or Roast Chicken wrap/sandwich/roll with lettuce, cheese, tomato, carrot	\$5.50
Make your own any choice of 4 fillings	\$5.50
Fillings available - Chicken ,Tuna, Lettuce, Tomato, Cucumber, Pineapple, Beetroot, Pickled Onion, carrot and Vegemite.	
Add mayonnaise or sauce to any sandwich or wrap no additional charge	

FRIDAY LUNCH SPECIALS

Homemade Lasagne and Fruit Box GREEN	\$6.00
Homemade Lasagne and Flavoured Milk	\$6.50
Chicken Fried Rice (contains egg & garlic) and Fruit Box/Water (GF) GREEN	\$6.00
Roasted Chicken & Rice Noodle Salad and Fruit Box/Water (GF) (V) GREEN	\$5.50
2 Sausage Rolls and Fruit Box/Water	\$5.50
2 Sausage Rolls and Flavoured Milk	\$6.00
Big Ingle Burger and Flavoured Milk	\$6.50
Extra toppings 50c p/topping	
Chicken Nuggets with Flavoured Milk	\$6.50
Roast Chicken sandwich/wrap (with lettuce, cheese, tomato, carrot) and Flavoured Milk	\$6.50
Tuna Mornay and Fruit Box/Water	\$6.00
Tuna Mornay and Flavoured Milk	\$6.50

LUNCH ORDERS

(AVAILABLE THURSDAY & FRIDAY)



HOT/COLD FOOD

Homemade Sausage Rolls AMBER	\$2.50
Tuna Mornay and Pasta GREEN	\$5.50
Baked Potato with Bolognaise and Cheese (GF) GREEN	\$5.50
Vegetarian Dim Sim (V) AMBER	\$2.00 each
BBQ Chicken Pizza (BBQ Sauce, Chicken, Cheese and Pineapple) AMBER	\$5.50
Chicken Nuggets (HL) (5 Nuggets served with Garden Salad or Peas and corn with or without sauce tomato , bbq, mayonaise) AMBER	\$5.50
The Big Ingle Chicken Burger (HL) AMBER (Crumbed Chicken Fillet, Lettuce, Tomato and Mayonnaise on a Whole meal Roll)	\$5.50
Spaghetti Bolognese GREEN	\$5.50
Corn on the Cob (GF) (V) GREEN	80c
Pizza Slices (MAX 3 SLICES) AMBER	90c each
Side Salad (GF) (V) GREEN (Tomato, Lettuce, Carrot, Cucumber, Cheese)	\$2.20
Salad Pack - Chicken Schnitzel Fillet, Egg, Cheese, Lettuce, Carrot, Tomato, Cucumber, Celery and Lettuce AMBER	\$6.00
Homemade Lasagna with cheese béchamel sauce GREEN	\$5.50

** Every effort is made to reduce the number of additives in the food we offer. However, some products can contain some additives which may contribute towards behavioral and learning problems and health issues such as headaches and asthma in some people.

GF = Gluten Free HL = Halal Approved V = Vegetarian